









# Summer Lunch Menu

This menu is available weeks commencing;  
5<sup>th</sup> June; 26<sup>th</sup> June; 17<sup>th</sup> July; 4<sup>th</sup> September; 25<sup>th</sup>  
September; 16<sup>th</sup> October



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Beef Lasagne with Garlic Bread 	<b>Concept Day</b> Look our for our Concept of the Week Available Today!    	Roast Chicken with Stuffing & Gravy 	Sweet and Sour Chicken 	Catch of the Day with Home Made Tartare Sauce
<b>Vegetarian Main Meal</b>	Spanish Frittata		Quorn and Vegetable Stir Fry	Cauliflower Cheese with a Crushed Nacho Topping	Spicy Vegetable Fajita
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays 				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Rice with Sweet n Sour Vegetables	Rice with Vegetable Curry	Rice with Italian Meatballs	Rice with Vegetable Chilli	Just Chips and Ketchup
<b>Family Favourites</b>	Tropical Flapjack with Custard	Marble Sponge with Chocolate Sauce	Orange and Courgette Cake with Custard	Apple & Mixed Berry Crumble with Custard	Wholemeal Banana Cake with Custard






find out more about us at  
[www.caterlinkltd.co.uk](http://www.caterlinkltd.co.uk)

# Summer Lunch Menu

This menu is available weeks commencing;  
12<sup>th</sup> June; 3<sup>rd</sup> July; 24<sup>th</sup> July; 11<sup>th</sup> September; 2<sup>nd</sup> October



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Moroccan Chicken Casserole 	<b>Concept Day</b> Look out for our Concept of the Week Available Today!	Roast Turkey with Cranberry Sauce	Beef Chilli With Rice	Catch of the Day with Home Made Tartare Sauce
<b>Vegetarian Main Meal</b>	Spicy Bean Burger with Onions in a Bun	   	Butternut Squash, Chick Pea and Spinach Curry 	Vegetable Lasagne with Salad 	Smoky Bean Chilli
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays 				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Kung Po Noodles	Noodle Pot with Sweet and Sour Chicken	Mushroom Chow Mein	Sweet Chilli Noodles with Peppers	Cheesy Chips
<b>Family Favourites</b>	Sticky Chocolate Pudding with a Chocolate & Orange Sauce	Oaty Peach Crumble with Custard	Lemon Drizzle Cake with Vanilla Sauce	Apple Pie with Cream or Custard	Jam and Coconut Sponge and Custard












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# Summer Lunch Menu

This menu is available weeks commencing;  
19<sup>th</sup> June; 10<sup>th</sup> July; 18<sup>th</sup> September; 9<sup>th</sup> October



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken in Black Bean Sauce 	<b>Concept Day</b> Look our for our Concept of the Week Available Today!	Honey and Orange Glazed Gammon 	Cottage Pie 	Catch of the Day with Home Made Tartare Sauce
<b>Vegetarian Main Meal</b>	Potato and Aubergine Bake	   	Spicy Bean and Vegetable Jambalaya 	Broccoli, Cheese and Chive Quiche	Quorn Hot Dog with Onions
<b>On the Side</b>	choose from our selection of fresh vegetables, salad, potatoes, rice and pasta our daily menu will confirm the days offer Chips are served on Fridays 				
<b>Soup Station</b>	Try our Home Made Soup served with a chilli flakes, sunflower seeds, pumpkin seeds, and home made bread and croutons every day				
<b>Pasta Bar</b>	Choose a Pasta Base; add your choice of Hot Topping from our freshly prepared selection; we will offer both meat and vegetarian choices every day				
<b>Snack Pot</b>	Herby Wedges with Ketchup	Spicy Wedges & Sour Cream	Margherita Wedges	Wedges with BBQ Sauce	Just Chips
<b>Family Favourites</b>	Pineapple Upside Down Pudding with Custard	Cherry Crumble with Custard	Chocolate Pudding with Chocolate Sauce	Apple & Cinnamon Pancake with Whipped Cream	Pear and Ginger Sponge with Custard



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